



Time
Banking
SCOTLAND

Case Study

Steve Byrne

Steve Byrne ■ Argyll & Bute Time Bank Member

Steve Byrne has been involved with the Argyll & Bute Time Bank since it started in 2005.

As a member of the board of the Argyll & Bute Volunteer Centre he was initially unsure that the concept of time banking would work, but was soon proved wrong!

Steve is retired and dedicates up to twenty hours a week to time banking and loves to offer his skills, in particular computer skills and administration to local organisations. Steve tends to donate his time accumulated to organisations that require his skills. He occasionally uses his time credits for odd jobs such as getting his trousers altered.

According to Steve being involved with time banking really boosts community spirit and builds friendship in the local area. Steve said: **“A lot of people think that volunteering is a very middle class thing to do whereas time banking, which is another type of volunteering, involves everyone in the community as we all have something to offer. I really enjoy getting people interested in time banking and it’s very rewarding to see people benefiting from the initiative. It’s great to know that I am able to make real changes and contribute to the community.**

“I would recommend time banking to everyone as it’s really satisfying to know that what you’re doing can really help make a difference to someone’s life.”



To find out more about Time Banking...

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